

SAMPLE PAGES

STUDENT WORKBOOK



EXPANDING COLLEGE OPPORTUNITY

a roadmap to college for parents and students

Stanley B. Lemons

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a roadmap to college for parents and students

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introduction

Why the student workbook? The Expanding College Opportunity: Student Workbook complements the Expanding College Opportunity book. The book and the student workbook serve as resources to help students plan and prepare for college.

The student workbook is divided into four sections. I describe in the table of contents, at the beginning of each section, and throughout the student workbook when you (the student) should complete the respective section.

The sections of the student workbook have specific objectives:

Section 1

- To identify your goals
- To assess what you want from your college experience

Section 2

- To assist you with understanding the college landscape
- To determine what type of school might be a good fit for you

Section 3

- To help you plan your classes and extracurricular/community service activities during each year of middle school and high school
- To record the details of your extracurricular/community service activities in order to make it easier for you to complete your college applications

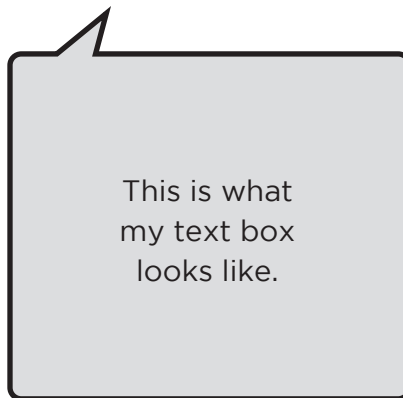
Section 4

- To help you develop your prospective college list
- To help you complete your college applications

The Expanding College Opportunity: Student Workbook does not include assignments for parents. However, it is important that parents understand the college admissions and financial aid processes. I encourage parents and students to read both the Expanding College Opportunity book and student workbook.

Throughout the student workbook, you will find text boxes (see below) that I use to share additional thoughts and advice for your consideration. My comments in the text boxes are aimed at anticipating or addressing questions you might have about the tasks or exercises in the student workbook.

I often say to students: The opportunity to go to college is one of our greatest treasures. The college experience opens your eyes and mind to new ideas and self-discovery. I wish you the very best on your path to higher education.





SECTION 1:

Self-analysis and Reflection



Complete this section today.

Imagine you're in college...

Imagine you're in college. Where would that be? What would you study? What do you hope college will be like? Describe the experience. There are no right or wrong answers to these questions. Be honest. Be specific. What's important is that you share what's on your mind. Do tell.

It's essential that you feel free to express yourself. Do not put limits on your ideas and dreams. By sharing what's really important to you, it will help you to better assess your college and career choices.

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