



Jenine S. Lemons, LPC-S, NCC

BIO

Jenine Lemons, LPC-S, NCC, is a bilingual mental health therapist and the clinical director at Theralem, LLC counseling services. She is certified by the National Board and licensed to practice in Texas, Georgia, South Carolina, and Florida. Jenine provides counseling services to individuals, couples, groups, as well as children and teens. As the clinical director, Jenine is responsible for leading and managing the organization's counseling policy and operating procedures, as well as overseeing Theralem's mental health counseling staff. Additionally, Jenine conducts community outreach programs as a speaker and workshop facilitator on topics such as depression management, maintaining healthy relationships, and optimizing mental health well-being.

Before joining Theralem, Jenine served as the Interim Director of Behavioral Health for Los Barrios Unidos Community Clinic, a \$25 million community health organization in Dallas, Texas. Her role involved overseeing the clinic's counseling staff, who provided counseling and psychiatric treatment to over 5,000 patients annually, in both Spanish and English.



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Throughout her 18+ years of experience in mental health counseling, Jenine has worked for and led employees in counseling agencies of all sizes, with client rosters of varying acuity levels. Her counseling experience includes working at various organizations such as Atlanta Mission, Family Uplift Inc., Cobb County Department of Family and Children Services, The Clinic for Education, Treatment, and Prevention of Addiction, Dekalb County Community Service Board, Genesis Christian Counseling Center, Family Ties Inc., Community Based Treatment LLC, and Catholic Charities of Atlanta.

Jenine is a highly skilled and experienced counselor, with expertise in a range of therapeutic techniques. She is trained in Trauma Focused Cognitive Behavioral Therapy, EEG Othmer Neurofeedback, Anger Management, EMDR, Dialectical Behavior Therapy, Triple P Positive Parenting, Trauma and Grief Component Therapy, Prepare/Enrich Marriage Counseling Facilitation, CAMS Training for Assessing and Treating Suicidal Risk, Collaborative Problem Solving, Immigration Evaluations, Rational Living Therapy, Trauma Focused Art Therapy, Shambhala Level 1 and 2 Meditation Warrior training, Mindfulness, Laughter Yoga, and Aromatherapy.

Jenine was a Peace Corps Volunteer in Esmeraldas, Ecuador from 1998-2001. During her volunteer service, she served as a family-at-risk volunteer and took pride in starting more than fourteen community gardens. She also helped to launch a recycled paper business and co-produced a theatrical play on African American history.

Jenine graduated with honors from Bennett College in Greensboro, North Carolina, where she earned a bachelor's degree in psychology. During her time at the college, she participated in a semester abroad program and served as a National Institutes of Health Scholar in Wollongong, Australia. Later, Jenine went on to earn a master's degree in counseling from Clark Atlanta University in Atlanta, Georgia.



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Jenine is a serious gardener who uses her training as an Urban Grower to cultivate a variety of plants in her home garden including green leafy vegetables, beans, peppers, and tomatoes, as well as herbs, fruits, and flowers. In her free time, Jenine enjoys a variety of activities such as arts and crafts, visiting museums, and taking walks on the beach with her family, regardless of the season.

To book a speaker on mental health well-being or for Theralem's participation in a community event, please email info@theralem.com.